



**SITE APPLICATION for
GIRLS ON THE RUN® Battle Creek (Spring 2010)**
Sponsored by Battle Creek Parks and Recreation



Basic Site Information

SITE: _____ if school, affiliated with what school district? _____

SCHOOL DAY HOURS: _____

ADDRESS: _____ CITY: _____

STATE: _____ ZIP: _____ PHONE: _____ FAX: _____

Site Liaison Information

The Site Liaison's role includes assuring the smooth implementation of the program by securing appropriate training space and serving as a link between coaches, participants, parents, PTA and Battle Creek Parks and Recreation.

LIAISON NAME: _____ TITLE/ROLE: _____

LIAISON PHONE #: _____ EMAIL (REQUIRED): _____

If site is a school:

Principal's name: _____ Has he/she been contacted regarding starting a program? _____

PTA President's name: _____ Has he/she been contacted regarding starting a program? _____

Readiness to Participate Criteria

While Girls on the Run® provides almost everything needed to run the program, the site is required to provide the following:

- Provide a safe, dedicated space for running. This does not have to be a track. A field is fine. However, there is a need to know how far (how many laps) is a mile (approximately). Briefly describe the available running area:

If the running space is NOT school property, what entity does it belong to? _____

- Provide a rain site. Indoor, private, preferably a gym reserved for GOTR® and NOT in conflict with other programs.

Briefly describe the available indoor space: _____

- Provide a coach and two assistant coaches for your site. Please note that all coaches and assistants are required to complete Girls on the Run® certified training prior to participating in any GOTR® session. GOTR® can assist with recruiting coaches, but if you have someone in mind, please list below.

POTENTIAL COACH NAME: _____

CONTACT INFORMATION: Phone # _____ Email: _____

POTENTIAL ASSISTANT COACH NAME: _____

CONTACT INFORMATION: Phone # _____ Email: _____

POTENTIAL ASSISTANT COACH NAME: _____

CONTACT INFORMATION: Phone # _____ Email: _____

Note: Each GOTR® session team can include up to 15 girls (12 is recommended). If you are running multiple session teams during one season you will be required to provide one coach and two assistants for each session team (one coach and two assistants for every 15 girls). Please list additional coaches on the back of this form.

Coaching candidates are subject to screening (including a background check) and approval by Girls on the Run Battle Creek, prior to final selection. Each coach will be required to attend one day of Girls on the Run training prior to the beginning of the spring season. Coaches must be available two afternoons per week March - Mid-June.

- Determine plan for identifying participants.
- Identify participants. Distribute registration forms to 3rd through 5th grade girls. Each session team (15 girls) should include a blend of ALL THREE grades as much as possible.

Briefly describe your recruiting and selection criteria (1st-come/1st served, lottery, etc.)

- GOTR® is able to provide up to 30 copies of its participant registration forms. How many copies would you like to receive?: _____ (Note: additional copies can be made by the site as needed).
- Secure storage area for shoes, snacks, etc.

If storage space is available, please describe the area and how it will be accessed: _____

Team Practice Information

GOTR® sessions run twice a week for twelve consecutive weeks. Please choose two days per week and the time the participants will meet for 1½ - 2 hours per day.

Days: _____ Time (i.e., 3-4:30 p.m.): _____

Program Fees

The program fee for Girls on the Run is \$75 per girl for the twice per week, twelve week program. The \$75 covers the full cost of one girl's participation which includes:

- A pair of New Balance Running Shoes
- 24 lessons conducted by three certified GOTR Coaches
- Official GOTR® T-Shirt
- Participation in a 5k event at Binder Park Zoo
- Water and healthy snacks at each practice.

Scholarships are available for those who cannot afford to pay the full \$75 fee.

Selection Criteria

Girls on the Run® Battle Creek expects to expand to 1-2 additional sites for the 2010 Spring season. The Battle Creek Parks and Recreation Department plans to expand the program slowly to allow for proper supervision and to ensure GOTR's® long-term success. Selection will be based on the following:

- Located within Greater Battle Creek Area
- Each site is encouraged to raise \$500 prior to its initial session.
- Availability of volunteers (including coaches and other support personnel)
- Adequacy of the site (including indoor and outdoor facilities and access to the site)
- Participation levels including the diversity of participants and the number served

Site applications are due by November 13, 2009. Final site selection is expected by December 11, 2009. All spring sessions are expected to initiate by March 15, 2010.

For more information contact Danielle Richardson or Jamie Pinder at 269-966-3431
FAX, email or MAIL application to: Jamie Pinder, GOTR® Program Manager
Battle Creek Parks and Recreation - 35 Hamblin Avenue, Battle Creek, MI 49017
Fax 269-966-3653 Email: jlpinder@ci.battle-creek.mi.us